



***The RESTART Demands and Capacities Model (DCM) based therapy
for pre-school children who stutter***
ONLINE WORKSHOP – 4 MODULES

Workshop ONLINE 2025

Introduction

The RESTART trial (De Sonnevle-Koedoot et al, 2015) showed that RESTART-DCM based therapy and the Lidcombe Program for preschool children who stutter resulted in comparable outcomes at 18 months post randomisation. Therefore, parents can be offered a choice between these different therapies, supported by randomised trial evidence. The RESTART-DCM based therapy is a structured, indirect approach. We have characterized it as an *indirect* approach because it is directed at motor, linguistic, emotional and cognitive factors, which appear relevant for the frequency and severity of the individual child. Some colleagues consider RESTART-DCM partly direct, because we also work with the child, not only with (the) parent(s).

This interactive workshop is designed for speech and language therapists who want to certify for RESTART-DCM treatment. The description of the Method has been improved and updated in 2024, please view this on the RESTART-DCM Website (free download).

The workshop consists of FOUR intensive modules (approximately 30hrs in total) run over 4 months in 2025. If you are unable to attend all live sessions, there is the option to receive a link to the recording of a specific session for a maximum of 3 sessions. This link can be used up to two weeks after the session. To receive this link, submit a signed statement (see website) after which you will receive the link for the specific recording.

Module 1

E-learning 3 hours: Available from May 12, 2025

This 3-hour webinar provides a general introduction to the RESTART-DCM approach. In this lecture, the background, the research base and a global overview of the therapy method will be presented. Speech therapists who are considering certification for RESTART-DCM therapy, but who have not yet

decided, can initially only register for this 3 hour-introduction. After this, they can decide whether they want to follow the full workshop.

Module 2

E-learning 3 hours – available from May 26, 2025

This pre-recording will provide participants with the more theoretical information on the rationale of the DCM-approach, the DCM multifactorial assessment and the lowering of the Demands in the Motor and Linguistic domain.

2 LIVE sessions of 3 hours each – June 10 and 11, 2025

After Module 2 participants will be able to describe the rationale of the DCM-approach and DCM multifactorial assessment. They will have practiced:

- explaining the approach to parents
- recognising communicative demands in a Parent-Child interaction;
- taking an Oral Motor Assessment Score, and computing the task score
- selecting relevant demands to target in treatment;
- conducting a parent-clinician conference cf. RESTART-DCM approach
- therapy skills regarding reducing Motor and Linguistic Demands of the child and the Environment, RESTART-DCM / Phase I.

Module 3

E-learning 3 hours – available from June 10, 2025

This pre-recording will provide participants with the more theoretical information on the rationale of the lowering of the Demands in the Emotional and Cognitive domain, the enhancement of the Motor, Linguistic, Emotional and Cognitive Capacities and the tapering off / end of therapy.

2 LIVE sessions of 3 hours each – June 25 and 26, 2025

After Module 3 participants will have practiced:

- therapy skills regarding reducing Emotional and Cognitive Demands of the child and the Environment; RESTART-DCM / Phase I.
- increasing the child's Motor , Linguistic , Emotional and Cognitive Capacities, RESTART-DCM / Phase II;
- tapering off / end of therapy

Participants will practise in small (breakout) groups to make sure that everyone has the opportunity to improve his/her clinical skills.

Module 4

3 LIVE sessions of 3 hours each – August 25, 26 and 27, 2025

Before the start of Module 4, participants are invited to submit any questions that they may have about using the RESTART-DCM approach. All participants are expected to submit a (short) case study applying the approach. During Module 4, participants will practice applying the Restart-DCM approach in relevant aspects of the submitted case studies, and they will participate in 'trouble shooting' related to the questions asked.

Practical Information

Time	Modules 2, 3 and 4: LIVE sessions 16.00 – 19.00h CET (time zone Amsterdam)
Dates in 2025	Module 1: E-learning available May 12, 2025 (3 h) Module 2: E-learning available May 26, 2025 (3 h) Live sessions June 10 and 11, 2025 (2 x 3 h) Module 3: E-learning available June 10, 2025 (3 h) Live sessions June 25 and 26, 2025 (2 x 3 h) Module 4: Live sessions August 25, 26 and 27, 2025 (3 x 3 h)
Location	Online - Zoom
Trainers	Marie-Christine Franken PhD, SLT Certified European Stuttering Specialist, clinical researcher, Erasmus University Medical Centre, Sophia Children' hospital, Rotterdam (NL). Joeri van Ormondt, SLT, Certified European Stuttering Specialist, private practice specialization stuttering therapy, CESS board member and mentor.
Cost	Early bird registration until February 1th € 695,-- Registration after February 1th € 750,-- € 85,-- for Module 1 only
Contact information	info@restartdcm.org
Target group	speech and language therapist working (or aiming to work) with young children who stutter using a multifactorial, structured, indirect therapy approach
Study load	30 h online contact hours, 5 hours to thoroughly read the RESTART-DCM Method, 4 hours to complete a practical assignment between Module 3 and 4.
Group size	maximum of 24 NB with < 14 participants, only one teacher (instead of 2) will present module 1, 2 and 3. In case < 12 participants, the workshop will be rescheduled.
Accreditation	certificate of participation (30 h) and completion of the practical assignment (4 h)

Registration

If you are interested, please register at the latest April 1, 2025. Then, it will be decided whether the workshop will take place.

To register:

E-mail to: info@restartdcm.org

On our www.restartdcm.org website you will find a [link to the Erasmus Congress Bureau](#). You can register for the workshop via this link. When registering, please enter your name, address, telephone number and affiliation. This agency only deals with the *financial aspects* of the workshop! You can reach us for substantive information via the contact form on the website www.restartdcm.org or directly via info@restartdcm.org

If the maximum number of participants is exceeded, a place will be allocated based on the registration date. Once you have registered, your registration will be considered final from April 1. The cancellation policy will come into effect from that date. This can be requested.

Payment:

You will receive payment information via the link to the Erasmus Congress Bureau. There are the following options:

1. You register and pay the fee of **€ 85,-** for Module I only
2. You pay the early bird registration fee **€ 695,-** until February 1th or, after this date the full course fee of € 750.

The full course fee is for all E-Learnings, workshop materials and access to the online live Modules. After Module II, participants will have access to the private part of the website.

More information

For any questions you may have please contact us at:

info@restartedcm.org