



***The RESTART Demands and Capacities Model (DCM) based treatment
for pre-school children who stutter***
ONLINE WORKSHOP – 4 MODULES

Workshop ONLINE 2023

Introduction

The RESTART trial (De Sonnevle-Koedoot et al, 2015) showed that RESTART-DCM based treatment and the Lidcombe Program for preschool children who stutter resulted in comparable outcomes at 18 months post randomisation. Therefore, parents can be offered a choice between these different treatments, supported by randomised trial evidence. With their choice they will be able to match their personal vision and/or circumstances. This can result in a greater chance of adherence to treatment and a better outcome.

The RESTART-DCM based treatment is a structured, indirect approach. We have characterized it as an *indirect* approach because it is directed at motor, linguistic, emotional and cognitive factors, which appear relevant for the frequency and severity of the individual child. It is not a *direct* approach such as the Lidcombe Program, a treatment program which teaches parent to use contingencies to reinforce fluent speech and decrease stuttered speech. Some colleagues consider RESTART-DCM partly direct, because we also work with the child, not only with (the) parent(s).

This interactive workshop is designed for speech and language pathologists who want to certify for RESTART-DCM treatment. The description of the Method has been improved and updated in 2021, please view https://restartedcm.nl/wp-content/uploads/2021/07/RestartDCM-Method-2021_online.pdf

Module 1, 3 hours: April 17 2023

Marie-Christine Franken

This 3-hour webinar provides a general introduction to the RESTART-DCM approach. In this interactive lecture, the background, the research base and a global overview of the treatment method will be presented. Speech therapists who are considering certification for RESTART-DCM treatment, but who have not yet decided, can initially only register for this 3 hour-introduction. After this, can decide whether they want to follow the full workshop.

Module 2, 3 x 3 hours: May 1, 2, 3 2023

Marie-Christine Franken and Ellen Laroës

After Module 2 participants will be able to describe the rationale of the DCM-approach and DCM multifactorial assessment. They will have practiced:

- explaining the approach to parents
- recognising communicative demands in a P-C interaction;
- taking an Oral Motor Assessment Score, and computing the task score
- selecting relevant demands to target in treatment;
- conducting a parent-clinician conference cf. RESTART-DCM approach
- treatment skills regarding reducing motoric and linguistic Demands of the child and the Environment, RESTART-DCM / Phase I.

Module 3, 3 x 3 hours: June 5, 6, 7 2023

Marie-Christine Franken and Ellen Laroës

After Module 3 participants will have practiced:

- treatment skills regarding reducing emotional and cognitive Demands of the child and the Environment; RESTART-DCM / Phase I.
- increasing the child's motoric , linguistic , emotional and cognitive Capacities, RESTART-DCM / Phase II;
- enhancing fluency in a more direct way, RESTART-DCM / Phase III.

Participants will practise in small (breakout) groups to make sure that everyone has the opportunity to improve his/her clinical skills.

Module 4, 3 x 3 hours: September 12, 13, 14 2023

Marie-Christine Franken and Ellen Laroës

Before the start of Module 4, participants are invited to submit any questions that they may have about using the RESTART-DCM approach. All participants are expected to submit a (short) case study applying the approach. During Module 4, participants will practice applying the Restart-DCM approach in relevant aspects of the submitted case studies, and they will participate in 'trouble shooting' related to the questions asked.

Practical Information

Time	Modules 1-4: 18.00 – 21.00h CET (time zone Amsterdam)
Dates in 2023	Module 1: April 17 Module 2: May 1, 2, 3 Module 3: June 5, 6, 7 Module 4: September 12, 13, 14
Location	Online - Zoom
Trainers	Marie-Christine Franken PhD, SLP, EFS recognized Fluency Expert, clinical researcher, Erasmus University Medical Centre, Sophia Children' hospital, Rotterdam (NL). Ellen Laroës, SLP, EFS recognized Fluency Expert, private practice in Brunssum (NL); former lecturer Fluency Disorders at Zuyd Hogeschool Heerlen
Cost	€ 675,-- (€ 75,-- for Module 1 only)
Contact information	info@restartdcm.org
Target group	speech and language pathologists treating (or aiming to treat) young children who stutter using a multifactorial, structured, indirect treatment approach
Study load	30 h online contact hours, 5 hours to thoroughly read the RESTART-DCM Method, 4 hours to complete a practical assignment between Module 3 and 4.
Group size	maximum of 24 NB with < 14 participants, only one teacher (instead of 2) will present module 1, 2 and 3.

	In case < 12 participants, the workshop will be rescheduled.
Accreditation	certificate of participation (30 h) and completion of the practical assignment (4 h)

Registration

If you are interested, please register at the latest April 1, 2023. Then, it will be decided whether the workshop will take place.

To register:

E-mail to: info@restartdcm.org

Please note your name, address, telephone number, date and place of birth (for certificate) in your registration email. If payment of the invoice will not be done by you, please also send us the name and address of the paying person/institute (needed for the invoice).

NB. In case the maximum number of participants (24) is exceeded, date of registration is decisive for the allocation of participation. Also, if you have registered, your registration will be final from March 15. The cancellation policy – available on request - will take effect from that date.

Payment:

If you have registered for the full workshop, and it has been confirmed that it will take place, you will receive an invoice of € 675,00 shortly after April 1. This amount includes the 4 online modules and all (digital) workshop materials. After completing modules 1 and 2, you will receive access codes for the private part of the website. Payment of the invoice must be completed at the latest by **April 3 2023** (2 weeks before the start of the workshop). After registering for Module 1 only, an invoice of € 75,00 will be sent.

More information

For any questions you may have please contact us at:

info@restartdcm.org