



## **WORKSHOP *DEMANDS & CAPACITIES MODEL (RESTART) FOR TREATMENT OF PRE-SCHOOL CHILDREN WHO STUTTER* 3 DAYS - ONLINE**

**July 15, 16 and September 11 - 2021, ONLINE-WORKSHOP  
Marie-Christine Franken & Ellen Laroës**

### **Introduction**

De Sonnevle-Koedoot <sup>1</sup>et al (2015) compared the effectiveness and costs of Demands and Capacities Model based treatment and the Lidcombe Program in preschool children during an 18 month follow-up. This study, known as the RESTART trial, showed that the two treatments for pre-school children who stutter have comparable outcomes. Both the Demands and Capacities Model based treatment (DCM) and the Lidcombe Program (LP) can be recommended. It is best practice to offer parents a choice between those two treatments.

This workshop is designed for speech and language pathologists who want to be trained to practice the version of DCM treatment that was investigated in the RESTART trial. During a third day participants will practice applying the (Restart-)DCM approach in case studies; participants are invited to share their own cases.

### **Learning Outcomes**

*Day 1:* Participants will be able to describe the rationale of the DCM approach and DCM multifactorial assessment (2 hours); they will have practiced selecting relevant demands, conducting a parent-clinician conference cf. DCM approach (2 hours), and treatment skills regarding reducing motoric and linguistic Demands of the child and the environment (3 hours).

*Day 2:* Participants will have practiced treatment skills regarding reducing emotional and cognitive Demands of the child and the environment (2 hours), and increasing motoric, linguistic, emotional and cognitive Capacities (5 hours).

*Day 3:* participants will practice applying the (Restart-)DCM approach in case studies; participants are invited to share their own cases (4 hours).

For an overview of the RESTART DCM treatment method, see our website [www.restartdcm.org](http://www.restartdcm.org) and, for a free download of the methods manual: <https://restartdcm.nl/wp-content/uploads/2020/12/RESTART-DCM.Method.-English-met-app.pdf>

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<sup>1</sup> de Sonnevle-Koedoot C, Stolk E, Rietveld T, Franken M-C (2015) Direct versus Indirect Treatment for Preschool Children who Stutter: The RESTART Randomized Trial. PLoS ONE 10(7): e0133758. doi:10.1371/journal.pone.0133758  
<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0133758>

## PRACTICAL INFORMATION

<b>Date / Time</b>	July 15, 16 2021, 10:00 AM – 17:00 PM; September 11 2021, 9:30 AM – 16:30 PM (Central Europe Time)
<b>Location</b>	Online
<b>Trainers</b>	Marie-Christine Franken PhD, SLP, NVST recognized Fluency Expert, clinical researcher, Erasmus MC Sophia, Rotterdam.  Ellen Laroes, SLP, NVST recognized Fluency Expert, private practice Brunssum, former teacher at Zuyd Hogeschool, Heerlen lecturing Fluency Disorders
<b>Cost</b>	625 euro, including all workshop materials, access to the protected part of the website. Payment through direct debit
<b>Contact information</b>	<a href="mailto:info@restartdcm.org">info@restartdcm.org</a>
<b>Target group</b>	Speech and language pathologists with pre-school stuttering children in their caseload
<b>Accreditation points</b>	30
<b>Accreditation</b>	Certificate of participation
<b>Group size</b>	Maximum 24
<b>Language:</b>	English

## REGISTRATION

### Registration takes 2 steps:

#### 1. Send an email to: [info@restartdcm.org](mailto:info@restartdcm.org)

stating 'Registration workshop RESTART-DCM 2021' plus name, affiliation, date and place of birth (required for certificate), international regular mail address including ZIP Code. You can find a contact form on <https://restartdcm.nl/english-restart-dcm-workshops/>. Please register as soon as possible but at the latest June 15th 2021. June 16th 2021 will be the reference date for the required minimum number of registrations.

#### 2. Payment of the workshop fee

The fee for the workshop amounts to € 625 euro, including all workshop materials. After the workshop you will have access to the protected part of the website where you will find forms and materials used in assessment and treatment. If the minimum number of registrations will have been obtained at June 16th 2021, shortly afterwards we will ask you for bank-info by e-mail to those whose who have registered. The payment of the total fee will be done through direct debit by the ErasmusMC.

### Additional information

All attendees are expected to print out and have thoroughly read the RESTART DCM Method prior to the workshop: <https://restartdcm.nl/wp-content/uploads/2017/09/RESTART-DCM-Method-English.pdf>. About four weeks before the workshop starts, registered participants who have sent in the requested bank-info for direct debit will receive further information on practicalities. Cancellation conditions are sent upon request.

In case of questions about the content of the workshop, please contact:

- **Marie-Christine Franken:** [m.franken@erasmusmc.nl](mailto:m.franken@erasmusmc.nl)

- **Ellen Laroes:** [logo-stottertherapie@kpnmail.nl](mailto:logo-stottertherapie@kpnmail.nl)

If you have any questions about payment, registration, etc. please contact [info@restartdcm.org](mailto:info@restartdcm.org)