



WORKSHOP *DEMANDS & CAPACITIES MODEL (RESTART)* FOR TREATMENT OF PRE-SCHOOL CHILDREN WHO STUTTER 3 DAYS

March 29, 30 and 31 2020 Group 1 - April 2, 3 and 4 2020 Group 2
Istanbul, Turkey

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Introduction

De Sonnevle-Koedoot ¹et al (2015) compared the effectiveness and costs of Demands and Capacities Model based treatment and the Lidcombe Program in preschool children during an 18 month follow-up. This study, known as the RESTART trial, showed that the two treatments for pre-school children who stutter have comparable outcomes. Both the Demands and Capacities Model based treatment (DCM) and the Lidcombe Program (LP) can be recommended. It is best practice to offer parents a choice between those two treatments.

This workshop is designed for speech and language pathologists who want to be trained to practice the version of DCM treatment that was investigated in the RESTART trial. During a third day participants will practice applying the (Restart-)DCM approach in case studies; participants are invited to share their own cases.

Learning Outcomes

Day 1: Participants will be able to describe the rationale of the DCM approach and DCM multifactorial assessment (2 hours); they will have practiced selecting relevant demands, conducting a parent-clinician conference cf. DCM approach (2 hours), and treatment skills regarding reducing motoric and linguistic Demands of the child and the environment (3 hours).

Day 2: Participants will have practiced treatment skills regarding reducing emotional and cognitive Demands of the child and the environment (2 hours), and increasing motoric, linguistic, emotional and cognitive Capacities (5 hours).

Day 3 (half day) participants will practice applying the (Restart-)DCM approach in case studies; participants are invited to share their own cases (4 hours).

Substantive information : info@restartdcm.org. For an overview of the RESTART DCM treatment method, see our website www.restartdcm.org and, for a free download of the methods manual: <https://restartdcm.nl/wp-content/uploads/2019/01/RESTART-DCM.Method.-English-met-app.pdf>

¹ de Sonnevle-Koedoot C, Stolk E, Rietveld T, Franken M-C (2015) Direct versus Indirect Treatment for Preschool Children who Stutter: The RESTART Randomized Trial. PLoS ONE 10(7): e0133758. doi:10.1371/journal.pone.0133758
<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0133758>

PRACTICAL INFORMATION:



**DEMANDS & CAPACITIES
MODEL (RESTART) FOR TREATMENT OF
PRE-SCHOOL CHILDREN WHO STUTTER**

DATE / TIME

Group-1:
29-30-31 March 2020

Group-2:
2-3-4 April 2020

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